

# INFOPACK



new community art



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BEMOWSKIE  
CENTRUM  
KULTURY



ZAGREB CENTER FOR  
INDEPENDENT CULTURE AND YOUTH  
[www.pogon.hr](http://www.pogon.hr)

**Short term joint staff training event II**  
**Warsaw, Poland, 21-25 July 2022**

**Culturavirus - the art of new communities**

**(2020-1-PL01-KA227-ADU-095915)**

*Dear Participants,*

We are happy to welcome you to Warsaw at our first mobility in the frame of **Culturavirus** project. Below you will find all the necessary information on our meeting and stay. We did our best to suggest the programme that answers your needs and we are looking forward to experiencing it with you!

*Kludia, Ania and other participants of the project*

### **WHAT IS INSIDE THIS INFOPACK**

- Aims of the mobility
- Programme of the meeting and addresses
- Practical information
- Basic words in Polish worth knowing
- Contacts

### **ABOUT PROJECT**

Culturavirus project, financed from the European Union's aims at exchanging knowledge and experiences within three organizations active in the local communities. It will be focused around cultural, innovative and inclusive activities and approaches. The participants will take part in 5-days-long study visits to find out on the best practices of work in their communities, meet local workers and activists. The first visit was organized in Zagreb (16-20 May 2022) and the third one will be in Portugal (17-21 September 2022). Participation in the project is free of charge. The funding will cover travel costs, board and lodging within the accepted flat rates.

### **AIMS OF THE MOBILITY**

The aim of this training event is to provide a space for us to share insights on our organizations and our values, get inspired and learn about organizing and creating connections in order to support our communities. At this meeting we want to:

- know each other and our organizations better
- get inspired with practices used by Bemowskie Centrum Kultury
- learn about new methods of work that could be applied in our daily work
- exchange on topics of working with local community
- create new alliances and foundation for future collaborations
- discover Bemowo and Warsaw

## DURING THE MOBILITY

- take care of your own learning process, but also let others follow their own learning
- open yourself for different cultures, attitudes, ideas
- explore, communicate, ask, share, doubt - this will be a time and space for that!
- be ready to be surprised
- come up with ideas for future collaborations
- take notes, photos and feel free to share them with others
- just be with us and enjoy direct meetings with people!

## PROGRAMME OF THE MEETING AND ADDRESSES

Date & time	Item & aims	What is inside	Address	Protip/remarks
<b>20.07.2022 (Wednesday)</b>				
until 23.00 CR - 19:35 PT - 22:55	<b>Get to Warsaw Chopin Airport</b>	Welcome to Warsaw Transfer to the hotel	Hotel Ibis Warszawa Centrum, aleja "Solidarności" 165	It is best to take an Uber/Bolt from the airport (this should cost you 15 EUR maximum); the uber will pick you up from "departures" zone.
20:30	<b>Welcome drink (optional)</b>	Pokój na lato	 Pokój na Lato	
<b>21.07.2022 (Thursday)</b>				
11:00-13:00	<b>Get started!</b>	Project introduction Agenda presentation Getting to know each other Values workshop Presentation of the BCK Visiting Dwa Jelonki	Dwa Jelonki, Powstańców Śląskich 44 and Bemowskie Centrum Kultury, openspace, I floor, Powstańców Śląskich 44	
13:00-13:50	<b>Lunch</b>	Lunch in a local bar Introduction to the Osiedle Przyjaźń while walking to the bar	Country Bar, <a href="https://g.page/bar-country?share">https://g.page/bar-country? share</a>	Walk to the lunch
14:00-15:00	<b>Get closer to the community I</b>	<b>Building the local community in the Bemowo District</b> - the MAL project - by the representatives of the City District Hall	Dwa Jelonki, Bemowskie Centrum Kultury, ground floor, Powstańców Śląskich 44	
15:00-16:00	<b>Get to know Bemowo</b>	<b>The Two Deers Tale and MAL in Bemowo</b> - activities and involvement of local community by Kasia and Paweł from BCK ABCD method by Klaudia	Dwa Jelonki, Bemowskie Centrum Kultury, ground floor, Powstańców Śląskich 44	
16:30-17:30	<b>Get closer to the community II</b>	<b>Culture in a public space - the MAL project in the shopping mall</b>  <b>Spotykalia and library</b> in Galeria Bemowo - culture in the public zone  <b>Church, culture and shopping</b> - not obvious connection - Evangelical	<a href="https://g.page/MALSpotykalia?share">https://g.page/MALSpotykalia? share</a>	

		church in Galeria Bemowo		
19:00-21:30	<b>Dinner (optional)</b>	Regina Bar	<a href="https://goo.gl/maps/yp3izoPxrFThU38v5">https://goo.gl/maps/yp3izoPxrFThU38v5</a>	It may become a welcome dinner for all of us.
<b>22.07.2022 (Friday)</b>				
10.00-12.00	<b>Get experience</b>	<b>Pottery workshop</b> with Eliza - traditional polish pottery design	BCK, Górczewska 201	
12.00-13.00	<b>Get to know Bemowo</b>	<b>Reaching out with culture via performances and media</b> - Visit in the old BCK, performance hall and radio (+interview) - its role for the district and its inhabitants	BCK, Górczewska 201	
13:30-14:30	<b>Lunch</b>	Ciekawa Cafe	<a href="https://g.page/CieKawaCafe?share">https://g.page/CieKawaCafe?share</a>	
14.30-16.30	<b>Get closer to the community III</b>	<b>OPS/OWIRON</b> - centre of social welfare in Bemowo - cooperation and projects in the area of culture and disabilities as well as migrants' support	<a href="https://goo.gl/maps/7MgzASRPbMssZmkm6">https://goo.gl/maps/7MgzASRPbMssZmkm6</a>	
18:00-20:00	<b>Get experience</b>	<b>Wrzawa - folk music from all around the europe (optional)</b>	Dwa Jelonki, Bemowskie Centrum Kultury, ground floor, Powstańców Śląskich 44	
19:30-21:30	<b>Dinner (optional)</b>  <b>Get inspired (optional)</b>	Gemba Polish Tapas  Intergenerational Artistic Picnic? Food trucks? Amfiteatr Bemowo	<a href="https://g.page/barGEMBA?share">https://g.page/barGEMBA?share</a>  <a href="https://goo.gl/maps/JsdWe3NeHvJrCsJf6">https://goo.gl/maps/JsdWe3NeHvJrCsJf6</a>	
<b>23.07.2022 (Saturday)</b>				
10.00-11.30	<b>Get to know Bemowo</b>	World cafe workshop	Fort Bema	
12.00-13.15	<b>Get closer to the community IV</b>	<b>Support for migrants through culture</b> in Bemowo by the local Ukrainian refugees representative	Fort Bema	
13.30-14.30	<b>Lunch</b>	Forteczna Bar	Forteczna Bar, Jerzego Waldorffa 41A	
14.00-18.00	<b>Get closer to the community V</b>	Osiedle Przyjaźń Birthday Meeting the local activists	<a href="https://goo.gl/maps/VAQpjpVmTxSQtPua9">https://goo.gl/maps/VAQpjpVmTxSQtPua9</a>	
19.30-22.30	<b>Dinner and bonfire</b>	Syty Chmiel	Food from the fire at the Vistula	If we decide to stay at the birthday party longer - then we can switch the bonfire to another day.
<b>24.07.2022 (Sunday)</b>				
10.00-12.30	<b>Get to know Warsaw (optional)</b>	Walking tour around Warsaw - make your choice and tip the guide		Old Town Jewish Warsaw Communist Warsaw
13.00-14.00	<b>Lunch</b>	Gościniec Polskie Pierogi	<a href="#">📍 GOŚCINIEC Polskie P...</a>	
14.00-16.00	<b>Free time</b>			
16.00-17.30	<b>Get inspired</b>	Visiting Praga to meet AKS Zły (tbc)	Praga Offside, Wileńska 23/38 03-416 Warszawa	
19:30-21:30	<b>Dinner (optional)</b>	at the Vistula bank	<a href="https://g.page/BarkaWarszawska?share">https://g.page/BarkaWarszawska?share</a>	
<b>25.07.2022 (Monday)</b>				

10.00-12.00	<b>Get closer to the community VI</b>	<b>Civic budget - bright and dark sides</b> Examples of projects Meeting the beneficiaries	Dwa Jelonki, Powstańców Śląskich 44 and Bemowskie Centrum Kultury, openspace, I floor, Powstańców Śląskich 44	
12.30-13.30	<b>Lunch</b>	tbc	tbc	
14.00-17.00	<b>Get evaluate</b>	<b>Evaluation</b>	Dwa Jelonki, Powstańców Śląskich 44	
19.00	<b>Good bye dinner</b>		tbc	
<b>26.07.2022 (Tuesday)</b>				
Morning	<b>Departures from Warsaw Chopin Airport</b>	See you Warsaw		



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## PRACTICAL INFORMATION

### No need to have gold

In Poland we still have our own currency which is złoty (PLN). "Złoty" means "gold", but of course you do not need to have gold with you to exchange money for goods. No worries. There are cash withdrawals every corner and you can use cards or Revolut almost everywhere. This is rather a phenomenon in Europe, so you basically do not need to have any cash (but of course it is good to have at least 20 eur with you in Polish currency which means approx. 90 złoty/PLN).

The prices here are like in every capital and depend on your preferences where and what to eat, drink and spend your time.

### Airport is tricky as everywhere

Warsaw is a safe city. Walking at night in the center is practiced and pleasant and feel free to enjoy the city. People are rather friendly and they (especially young) communicate well in English. Be careful at the airports - if you are unlucky to meet any pickpockets in Poland, you will meet them at the airport or in the airport bus (175).

### Public transport is well organized and it is rather cheap

The tickets for buses, trams and metro are shared. The single ticket is valid for 75 minutes (and you can change the means of transport) and costs 4,40 PLN (1 EUR). You have to validate it on the bus, metro or tram. If you do not want to remember about the tickets and you just want to travel with public transport you can buy a ticket for 36 PLN (9EUR) valid for 72 hours. To move around is good to use google maps with detailed information and instruction where to change. It works really well. Buses, trams and metro are on time (generally). We have just two lines of metro - but it is safe, organized well and new - some stations are just beautiful! If you wish to travel with Uber or taxi it is also fine. Uber works really well and there are many international drivers involved.

### Your hotel

Remember that there are several Ibis hotels in the city so be careful about the addresses. Your hotel is Ibis Warszawa Centrum, aleja "Solidarności" 165, 00-876 Warszawa.



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### Internet

As we are all in the EU, calling your country and connecting to the internet is possible everywhere and cheap. Any network you choose on your mobile is ok.

### Weather

Heat wave is coming to Poland so please expect not less than 25 degrees...

### Sweet things to take home for your friends and family

- "Ptasie mleczo" - chocolates with delicious foam inside
- "Torcik Wedlowski" - huge chocolate, crispy waffle
- "Pierniki" - short (ginger?) bread covered with chocolate with some filling

### BASIC WORDS IN POLISH WORTH KNOWING

- Dziękuję - thank you
- Przepraszam - sorry/excuse me
- Cześć - hello (informal, to people you know)
- Dzień dobry - good morning
- Dobranoc - good night
- Do widzenia - good bye

People in Poland do not smile that much and sometimes seem angry - this is what I heard from my international colleagues. But if they see you are nice and smiling - they can get addicted, so smile and enjoy!

### CONTACTS

Klaudia Wojciechowska, +48 691022426, [koordynator@bemowskie.pl](mailto:koordynator@bemowskie.pl)

Anna Skatulska, +48506879127, [anna.skatulska@bemowskie.pl](mailto:anna.skatulska@bemowskie.pl)

# CULTURA VIRUS

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